

# WS203

SOCIAL DETERMINANTS OF HEALTH

#### | BACKGROUND

The social determinants of health have been increasingly acknowledged as crucial to creating healthy populations particularly since the work of the WHO's Commission on the Social Determinants of Health and health equity (CSDH, 2008). This Commission conceptualised the social determinants as the conditions of everyday life and the ways in which the distribution of power and resources in society shape the distribution and nature of these conditions. Estimates are that the contribution of sectors outside health to population health outcomes outstrips the contribution from the health sector. The COVID pandemic has confirmed this as its impact has been felt most acutely by groups who lives are blighted because they experience all or some of factors such as living in unhealthy environments, having insecure jobs, poor housing, low income, being subjected to racism and have little access to education. These adverse socio-economic conditions are often experienced most by women, people with disabilities, people of colour and Indigenous peoples and most people in lower and middle income countries. The COVID-19 pandemic acted as a magnifying glass on these existing inequities, and has highlighted the larger pandemic of social and health inequities in health across the world. Mental health issues have been exacerbated especially in economically poorer countries linked with poverty, living conditions and lack of resources for taking precautions against Covid-19. There is huge stress on how to live with the virus in these circumstances and people are frustrated and angry with governments and the politics of Covid-19 response.

This session will also examine sectors beyond the health sector that will have a big impact on health in the post-COVID world and consider how different sectors can contribute to a post-COVID world which is fairer and more sustainable. It will take as its starting point the 2008 report of the WHO Commission on the Social Determinants of Health and ask for each sector covered in the report whether more can be done post-COVID to achieve the Commission's goal of closing the gap in life expectancy.

### | OBJECTIVES

- · Review of the evidence on health inequities globally and within selected countries
- Review of the trends in the distribution of wealth and power
- Contributions concerning changes that are needed in the following sectors: employment, housing, urban planning, welfare systems which will each look at examples of best practice and ask how this could be extended to other settings
- Anti-racism movements including Black Lives Matter protests and measures
- Proposals that would redistribute wealth (taxation reform (including progressive income tax, crack down on tax evasion)





#### Speaker

## Francesco Branca

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Dr Francesco Branca Director, Department of Nutrition and Food Safety, World Health Organization (WHO), Switzerland

Francesco Branca is the Director of the Department of Nutrition and Food safety in the World Health Organization, Geneva.

During his tenure, WHO has developed a WHO Nutrition strategy, established a new nutrition guideline development process and has developed a Comprehensive Implementation Plan on Maternal, Infant and Young Child Nutrition with six global targets. He has been leading the preparation of the 2nd International Conference on Nutrition and the Secretariat of the Decade of Action on Nutrition.

He has been a Senior Scientist at the Italian Food and Nutrition research Institute where he was leading studies on the effects of food and nutrients on human health at the different stages of the life cycle and on the impact of public health nutrition programmes. He has been President of the Federation of the European Nutrition Societies in 2003-2007.

Dr Branca graduated in Medicine and Surgery and specialized in Diabetology and Metabolic Diseases at the Universita' Cattolica del Sacro Cuore, Roma and obtained a PhD in Nutrition at Aberdeen University.