# WS203 SOCIAL DETERMINANTS OF HEALTH

#### | BACKGROUND

The social determinants of health have been increasingly acknowledged as crucial to creating healthy populations particularly since the work of the WHO's Commission on the Social Determinants of Health and health equity (CSDH, 2008). This Commission conceptualised the social determinants as the conditions of everyday life and the ways in which the distribution of power and resources in society shape the distribution and nature of these conditions. Estimates are that the contribution of sectors outside health to population health outcomes outstrips the contribution from the health sector. The COVID pandemic has confirmed this as its impact has been felt most acutely by groups who lives are blighted because they experience all or some of factors such as living in unhealthy environments, having insecure jobs, poor housing, low income, being subjected to racism and have little access to education. These adverse socio-economic conditions are often experienced most by women, people with disabilities, people of colour and Indigenous peoples and most people in lower and middle income countries. The COVID-19 pandemic acted as a magnifying glass on these existing inequities, and has highlighted the larger pandemic of social and health inequities in health across the world. Mental health issues have been exacerbated especially in economically poorer countries linked with poverty, living conditions and lack of resources for taking precautions against Covid-19. There is huge stress on how to live with the virus in these circumstances and people are frustrated and angry with governments and the politics of Covid-19 response.

This session will also examine sectors beyond the health sector that will have a big impact on health in the post-COVID world and consider how different sectors can contribute to a post-COVID world which is fairer and more sustainable. It will take as its starting point the 2008 report of the WHO Commission on the Social Determinants of Health and ask for each sector covered in the report whether more can be done post-COVID to achieve the Commission's goal of closing the gap in life expectancy.

### | OBJECTIVES

- Review of the evidence on health inequities globally and within selected countries
- Review of the trends in the distribution of wealth and power
- Contributions concerning changes that are needed in the following sectors: employment, housing, urban planning, welfare systems which will each look at examples of best practice and ask how this could be extended to other settings
- Anti-racism movements including Black Lives Matter protests and measures
- Proposals that would redistribute wealth (taxation reform (including progressive income tax, crack down on tax evasion)





#### Speaker

## Michael Marmot

Director

Institute for Health Equity, UCL United Kingdom

Professor Sir Michael G. Marmot MBBS, MPH, PhD, FRCP, FFPHM, FMedSci, FBA

Director of the Institute of Health Equity (UCL Department of Epidemiology & Public Health).

Sir Michael Marmot has been Professor of Epidemiology at University College London since 1985. He is the author of The Health Gap: the challenge of an unequal world (Bloomsbury: 2015), and Status Syndrome: how your place on the social gradient directly affects your health (Bloomsbury: 2004). Professor Marmot is the Advisor to the WHO Director-General, on social determinants of health, in the new WHO Division of Healthier Populations, and is the recipient of the WHO Global Hero Award. He is a Distinguished Visiting Professorship at Chinese University of Hong Kong, and held the Harvard Lown Professorship for 2014-2017. He was awarded the Prince Mahidol Award for Public Health 2015. He has accepted honorary doctorates from 18 universities. Marmot has led research groups on health inequalities for nearly 50 years. He chaired the Commission on Equity and Health Inequalities in the Americas, set up in 2015 by the World Health Organization's Pan-American Health Organization (PAHO/ WHO). He was Chair of the Commission on Social Determinants of Health (CSDH), which was set up by the World Health Organization in 2005, and produced the report entitled: 'Closing the Gap in a Generation' in August 2008. At the request of the British Government, he conducted the Strategic Review of Health Inequalities in England post 2010, which published its report 'Fair Society, Healthy Lives' in February 2010. This was followed by the European Review of Social Determinants of Health and the Health Divide, for WHO EURO in 2014, and in 2020 Health Equity in England: Marmot Review 10 Years On. Professor Marmot chaired the Expert Panel for the WCRF/AICR 2007 Second Expert Report on Food, Nutrition, Physical Activity and the Prevention of Cancer: a Global Perspective. He chaired the Breast Screening Review for the NHS National Cancer Action Team and was a member of The Lancet-University of Oslo Commission on Global Governance for Health. He set up and led a number of longitudinal cohort studies on the social gradient in health in the UCL Department of Epidemiology & Public Health (where he was head of department for 25 years): the Whitehall II Studies of British Civil Servants, investigating explanations for the striking inverse social gradient in morbidity and mortality; the English Longitudinal Study of Ageing (ELSA),

and several international research efforts on the social determinants of health. He served as President of the British Medical Association (BMA) in 2010-2011, and as President of the World Medical Association in 2015. He is President of the British Lung Foundation. He is an Honorary Fellow of the American College of Epidemiology; a Fellow of the Academy of Medical Sciences; an Honorary Fellow of the British Academy, and an Honorary Fellow of the Faculty of Public Health of the Royal College of Physicians. He was a member of the Royal Commission on Environmental Pollution for six years and in 2000 he was knighted by Her Majesty The Queen, for services to epidemiology and the understanding of health inequalities. Professor Marmot is a Member of the National Academy of Medicine.